



Real beauty is felt and noticed when
you take care of your health

**WE ARE TRAINED, UP-TO-DATE,
LICENSED, AND EXPERIENCED.**

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 206-460-9067

Date: _____

Full Name: _____

Date of Birth: _____ Age: _____ Sex: **F** ☐ **M** ☐

Address: _____

City: _____ Tel.: _____

E-mail: _____

Informed Consent for Botulinum Toxin Application

Botulinum toxin type A is a treatment that reduces muscle contraction, thus achieving a temporary reduction in dynamic facial wrinkles, that is, those associated with facial movements. The treatment is an outpatient procedure and does not require anesthesia or medical leave. Botulinum toxin type A only acts on the treated muscle, where the skin in this area remains smooth and wrinkle-free; while the facial muscles that were not treated contract normally without affecting facial expressions and allowing immediate reintegration into daily activities. Additionally, it temporarily blocks the nerves responsible for stimulating sweating, thus achieving a temporary reduction in excessive sweating. The treatment consists of a single application of botulinum toxin type A by injection with an ultra-fine needle, directly into the treatment area. The procedure lasts approximately 15 to 30 minutes.

Depending on the objective:

- Reduction of muscle contraction to treat facial wrinkles.
- Treatment of excessive sweating in the palms of the hands, soles of the feet, and armpits.

BENEFITS:

- Facial rejuvenation.
- Reduction of excessive sweating.
- Migraine relief.
- Treatment of bruxism (teeth grinding).
- Treatment of cervical dystonia.
- Movement disorders.
- Crossed or lazy eyes.
- Facial asymmetry.
- Eyelid spasms.
- Overactive bladder.

CONTRAINDICATIONS:

The treatment cannot be applied if:

- Antibiotics are being taken: spectinomycin and aminoglycosides (streptomycin, neomycin, gentamicin, tobramycin, amikacin, etc.).
- There is a neuromuscular disease (myasthenia gravis).
- The patient is pregnant or breastfeeding.
- There is an infection or inflammation in the treatment area.
- There is a severe coagulation disorder or anticoagulants are being taken.

POSSIBLE RISKS AND COMPLICATIONS

- Possibility of no results after treatment.
- Small, temporary marks, skin redness, and swelling may occur. These complications are normal and reversible.
- A symmetrical appearance may not be achieved with the treatment, so additional treatments may be necessary.
- In very rare cases, prolonged hardening, abscess formation, or a grayish discoloration of the skin has occurred in the treated areas.
- Local infections may occur at the application site.
- Photophobia (intolerance to light) may occur, also generally temporary.- Changes in skin coloration.

CLARIFICATIONS

- It is possible that no results will be seen after the treatment.
- Small, temporary marks, skin redness, and swelling may occur. These complications are normal and reversible.
- A symmetrical appearance may not be achieved with the treatment, so additional treatments may be necessary.
- In very rare cases, prolonged hardening, abscess formation, or a grayish discoloration of the skin has occurred in the treated areas. - Local infections may occur at the application site.
- Photophobia (intolerance to light) may occur, also generally temporary.
- Changes in skin coloration may occur.
- Results will begin to appear after application and will be consolidated within a month.
- In the treatment of hyperhidrosis, a sweat test may be required to clearly identify the areas of greatest sweating. Therefore, it is essential to inform the treating physician if you suffer from an allergy to iodine or cornstarch.

Results are temporary and variable, depending on each person's characteristics. Post-application recommendations must be followed, and follow-up appointments must be attended to ensure the treatment results.

There is no refund when: the treatment effect is adequate, but the patient is not satisfied; since the price corresponds to the costs generated by the proper application of the treatment, care by qualified personnel, and the guarantee of the use of quality products (approved for this use).

Also, in cases where the patient does not allow pre-application and follow-up photos to be taken. Given that in this case the only way to verify the result is by comparing the photographs taken before

the application, the maximum duration can be up to 16 weeks and the effect varies from patient to patient. Therefore, I must come every 3 months for my BOTOX treatment.

I agree that my before and after images of each procedure may be used for Forever Young Luxe Spa's social media. I have understood the nature of the procedure, which has been satisfactorily explained to me by the professional, and I understand that if I conceal relevant information about my health condition and/or previous procedures that may influence the results, unexpected side effects could occur.

I sign this document understanding everything described herein, agreeing to it, authorizing the procedure, and understanding that if any of the aforementioned possible risks occur, they are not attributed to malpractice on the part of the professional, but rather to the inherent nature of the procedure.

To undergo treatment and achieve the desired results, you must submit the following test results to . Mariana Bowers:

- *General blood test with platelets,
- *Blood test to detect HIV, syphilis, and hepatitis B and C,
- *Lipid Panel Test,
- *STD/HIV Test,
- *Regular Blood Test,
- *Urine Test
- * The maximum validity period for test results is 3 months

PATIENT'S SIGNATURE

PROFESSIONAL SIGNATURE
AND SEAL

Botox Aftercare Guide

Post-treatment care is especially important during the first 24 hours after the procedure. Do not massage the area. This doesn't mean you can't apply your cosmetics, for example. You can carry out your usual hygiene routine, applying serums, creams, etc., but always avoid pressing or massaging the area intensely.

Apply the product with particular care.

Do not put pressure on the area. You should avoid wearing motorcycle helmets, bicycle helmets, and goggles that put pressure on the skin, such as ski goggles. The botulinum toxin needs to be allowed to distribute naturally. If you press intensely on the treated area, you risk the Botox not dispersing where you want it to, and therefore the effect will be less effective.

Do not do strenuous physical exercise. During the first 4 hours, it is best not to do any type of physical activity. After this time, you can do some light exercise, such as stretching, for example, although if you can avoid it during the first 24 hours, it will be much better.

Do not expose yourself to the sun. You should also avoid sun exposure during those first 24 hours. If any bruising appears in the area, sun exposure should also be controlled in the days following the treatment, as there is a risk that it could lead to a permanent skin stain.

Do not lie down completely. It is recommended not to lie down completely in the first 4 hours after the injection. If you are going to sleep, it is advisable to use pillows or cushions to maintain a semi-upright position.

Do not tilt your head towards the floor for extended periods during the first 4 hours, for example, when drying your hair with your head facing the floor.

Do not drink alcohol in the hours immediately before or after the treatment. Attend a follow-up appointment 10-15 days later to ensure the Botox has been properly administered and to correct any remaining asymmetry during the same appointment. Avoid saunas, swimming pools, and hygiene products such as Foreo devices, massagers, etc., for the first 24 hours, as these exert pressure on the treated area, which can hinder the proper natural distribution of the toxin. It is recommended to avoid makeup for 24 hours after the treatment. However, if makeup is unavoidable, it should be applied with utmost hygiene and ideally 24 hours after the injection. Avoid sudden facial movements, especially for those who make very noticeable facial expressions, as these can affect the correct distribution of the botulinum toxin. Avoid other invasive treatments before and after the treatment, always following medical advice for proper planning.

AREA	UNIT
FRONTAL	
PROCERUS	
CORRUGATOR	
LEFT PERIOBICULAR RIGHT	
OTHER AREAS	
TOTAL UNITS	



Observations: _____

Date for next application:

Recommended treatments to take at home or to continue in the office: _____

PRECAUTIONS

- BOTOX is contraindicated for individuals with hypersensitivity to any of the ingredients in the formulation.
- BOTOX is contraindicated in the presence of infection or inflammation at the application site.
- The effect of botulinum toxin may be potentiated by aminoglycoside antibiotics, spectinomycin, or other drugs that interfere with neuromuscular transmission (e.g., muscle relaxants).

DURING THE POST-APPLICATION

- Do not massage the injection site for at least 24 hours.
- Do not consume large amounts of alcohol.
- Do not perform high-intensity exercise.
- Do not apply pressure or makeup to the injection site.