



Real beauty is felt and noticed when
you take care of your health

**WE ARE TRAINED, UP-TO-DATE,
LICENSED, AND EXPERIENCED.**

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Date: _____

Full Name: _____

Date of Birth: _____ Age: _____ Sex: ☐ F ☐ M

Address: _____

City: _____ Tel.: _____

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INFORMED CONSENT FOR TREATMENT BY APPLICATION OF PLATELET-RICH PLASMA

MINIMUM TREATMENT: 4 SESSIONS, ONE 20 DAYS TO ONE MONTH APART, TO SEE THE RESULTS. IF THE REQUIRED SESSIONS ARE NOT COMPLETED ON THE INDICATED DATES, DR. MARIANA BOWERS IS NOT RESPONSIBLE FOR ANY LACK OF RESULTS.

THE TREATMENT MUST BE PAID IN FULL AT THE FIRST APPOINTMENT.

What is Platelet-Rich Plasma?

Platelet-rich plasma (PRP) is a cosmetic treatment that can be applied to any part of the face and body, as well as the scalp, to rejuvenate the skin and prevent hair loss.

We explain what this technique involves and what its effects and contraindications are. Platelet-rich plasma (PRP) is a natural and personalized treatment, very similar to a blood draw for a routine blood test. It uses a portion of the patient's own blood to improve skin and stimulate the production of collagen, elastin, and epidermal tissue. Generally, there are two types of PRP:

Facial PRP: This is ideal for preventing sagging skin, reducing the effects of sun damage, and diminishing wrinkles, scars, and other skin imperfections.

Hair PRP: This is used to increase hair volume and thickness and prevent hair loss, making it a valuable tool for combating alopecia.

When do I start seeing results?

The effects of PRP are noticeable within a few days and increase over time. Generally, results are visible at most 20-30 days after receiving the treatment. If the treatment is used to prevent hair loss, the effects can be seen from the second session.

In general, the results obtained last for a year, and after this period, specialists recommend a maintenance session.

The benefits of PRP:

- *Prevents skin aging and gives it a firmer, more youthful appearance, especially in the areas between the eyebrows, crow's feet, and nasolabial folds (the area between the nose and lips).
- *Contributes to smoother, more radiant skin.
- *Improves and reduces the appearance of wrinkles, scars, and stretch marks.
- *Promotes hair growth and density.
- *It is an effective treatment for preventing hair loss.

What are the contraindications of platelet-rich plasma (PRP)?

Since it uses the patient's own blood, platelet-rich plasma is a simple method performed on an outpatient basis. However, it is essential that it be administered by medical professionals.

In general, it is a skin and hair treatment that does not involve risks, but there are some contraindications for PRP that should be considered:

- *The treatment is not recommended for pregnant or breastfeeding women.
- *It is also not advisable for people with a history of poor wound healing, or who have an active skin infection or inflammation.
- *Platelet-rich plasma (PRP) is not the most suitable treatment for people with a history of systemic diseases (cancer, systemic lupus erythematosus, scleroderma, immunosuppression, uncontrolled diabetes, etc.).

To undergo PRP treatment and achieve the desired results, you must present the following test results to Dr. Mariana Bowers:

- *Complete blood test with platelet count
- *Blood tests for HIV, syphilis, and hepatitis B and C.
- *The maximum validity period for test results is 3 months.

CONSENT DECLARATION

I have received clear and simple information, both orally and in writing, about the procedure, and Dr. Mariana Bowers has explained the process to me satisfactorily. She has informed me of the possible and remote risks, as well as the risks related to my personal circumstances.

All my questions have been answered. I understand everything stated above and that the decision I am making is free and voluntary, and that I can withdraw my consent at any time.

I also expressly acknowledge, accept, and declare that, in any case and by virtue of the nature of the service provided, Dr. Mariana Bowers' obligation to carry out the procedures established in this

treatment plan, consultation, or guidance requested by me or offered in any capacity, will always be one of means, not of results.

In any case, I declare that the information I have provided for my medical record is true. I understand and accept the civil and criminal liability I incur for any omission or misrepresentation of my actual state of health.

I agree that my before and after photos of each procedure may be used on Forever Young Luxe Spa's social media.

I confirm that I agree and understand that I must prepay Dr. Mariana Bowers the full cost of the treatment, as this payment covers materials, treatment time, and other expenses that I have been informed are required for the treatment I am contracting.

I understand that if I do not attend my appointments or communicate any changes, Dr. Mariana Bowers may terminate my treatment without a refund. Therefore, I commit to attending all appointments and following all instructions given to me at the clinic to complete the contracted treatment.

Recommended treatment to follow: BOTOX ☐ HYALURONIC ACID ☐ TENSIONING WIRES ☐ PRP ☐
BIO ☐ RR HIFU ☐ LASER PHOTO REJUVENATION ☐ Rf3 ☐ LIFTING ☐ PEELING ☐
FACIAL ELECTROPORATION ☐ SILK THREADS ☐ CARBOXYTHERAPY ☐ LASER DEPILATION ☐
PRODUCTS FOR TREATMENT AT HOME _____

PATIENT'S SIGNATURE

PROFESSIONAL SIGNATURE
AND SEAL